

# Health History

This is a confidential record of your medical history. Information contained here will not be released to any person except when you have authorized such a release in writing.

Today's Date: \_\_\_\_\_ Name: \_\_\_\_\_

Sex: M F Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_

Please list your major complaints in order of importance or state reason:

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Concerning your most important complaint:

Describe your symptoms (include frequency, duration, severity and character) and if you have any pain or numbness, fill out the diagram on following page:

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When did the condition first begin? \_\_\_\_\_

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If known state cause: \_\_\_\_\_

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What makes your condition better or worse? \_\_\_\_\_

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Is this problem getting better, worse, or remaining the same? \_\_\_\_\_

What methods have you tried to alleviate this problem? \_\_\_\_\_

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Have you consulted other healthcare professionals for this problem? If so give names and dates: \_\_\_\_\_

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If you were disabled from work because of this problem, please give dates:

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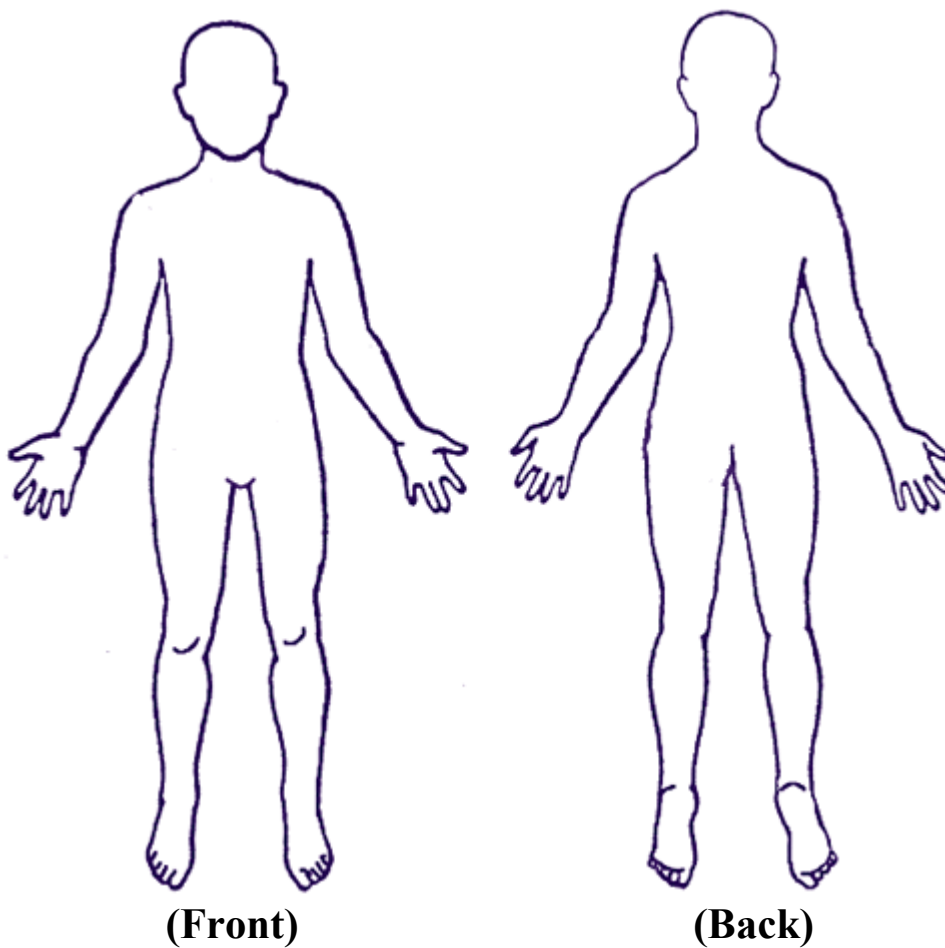
## Pain & Numbness Patterns

Please draw your areas of pain and/or numbness in the human diagrams below using the following key:

Pain: Light shading as moderate pain  
numbness

Numbness: Use XXX to indicate

Dark shading as severe pain



0 ← \_\_\_\_\_ 5 \_\_\_\_\_ → 10

**Pain Scale: Please place X at your subjective rate of pain.**

**0 = No Pain**  
**10 = Severe Pain**